

"Forgiving Ourselves

Matthew 26:69-75

Pastor Rob Perkins

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Forgiveness is Complete When...

1. We have experienced the forgiveness of ____.
2. We can forgive ____ who have wronged us.
3. We are able to forgive _____.

❖ Levels of Forgiveness

Forgiveness from God: an act of pure _____.

Forgiveness from others: _____.

Forgiveness of ourselves: _____.

❖ A Major Difference between

Being forgiven – God's part.

Feeling forgiven – My part.

Why We Can't Accept Forgiveness

1. _____ based mentality.
2. _____ with self.
3. Adjusted and _____ to a guilt-ridden life.
4. Expectation that we are going to _____ the sin.

5. Continual _____ from other people.

Consequences of Not Forgiving Ourselves

1. _____.
2. _____.
3. Sense of _____.
4. _____ behavior.
5. _____ humility.
6. _____.

How Can We Forgive Ourselves?

1. _____ the problem.
2. _____ of that sin.
3. Reaffirm your _____ in God's Word.
4. _____ freedom and forgive yourself.

Two Words when you Forgive Yourself

1. _____.
2. _____.

17 "When someone becomes a Christian he becomes a brand new person inside. He is not the same any more. A new life has begun! 18 All these new things are from God who brought us back to Himself through what Christ Jesus did. And God has given us the privilege of urging everyone to come into His favor and be reconciled to Him. 19 For God was in Christ, restoring the world to Himself, no longer counting men's sins against them but blotting them out. This is the wonderful message He has given us to tell others." (2Corinthians 5:17-19 LB)